

MOVE-IN COMPANION

THE FIRST WEEK IN NEWPORT SETUP CHECKLIST.

**GET UTILITIES ON, KIDS ENROLLED, DOCTORS LINED UP,
AND THE CITY SAVED IN YOUR PHONE.**

These are the items you want checked off in your first seven days here. Some belong on day one. Others can wait until the weekend. The list is built so you can hand it to a partner or a household manager and have them work through it without re-asking. Tear it up, mark it up, and don't try to do it all on day one.

01 BEFORE MOVE DAY

IDEALLY ONE WEEK AHEAD

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- ☐ Set up electric – Southern California Edison
sce.com · Activate before move day; most accounts can be set up remotely.
 - ☐ Set up gas – SoCalGas
socalgas.com · Schedule a pilot relight if needed.
 - ☐ Set up water & sewer
City of Newport Beach utility billing for most addresses; Mesa Water District for portions of the city. newportbeachca.gov · mesawater.org
 - ☐ Set up internet
Spectrum or AT&T Fiber where available. Schedule the install before move day; same-day windows are rare in the first week.
 - ☐ Confirm homeowner's or renter's insurance is in place
Coverage gaps during the move are one of the most common avoidable mistakes. Confirm with your broker the day before.
 - ☐ Apply for a FasTrak transponder
thetollroads.com · Needed if you'll use the 73 to or from Newport Coast / South County regularly. Toll prices are dynamic.
 - ☐ Confirm school assignment with NMUSD
nmusd.us · Run your exact address through the NMUSD School Locator, then confirm with enrollment.

02 DAYS 1–3

SETTLE THE BASICS

☐ Apply for residential parking permits

If your neighborhood requires them – common on the Peninsula, Balboa Island, parts of CdM and Newport Heights. City of Newport Beach handles applications.

☐ Confirm trash and recycling pickup day

Through the city utility billing. Different neighborhoods have different pickup days; missing the first one is easy.

☐ Save the city's main numbers in your phone

Police non-emergency (949) 644-3717 · Fire non-emergency dispatch (949) 644-3104 · Lifeguards / Marine Safety (949) 644-3047 · Emergencies – 911. Always.

☐ Sign up for AlertOC emergency notifications

alertoc.gov · Fire, evacuation, and public safety alerts. Sign up before you need it.

☐ Transfer prescriptions to a local pharmacy

CVS, Walgreens, and Hoag-affiliated pharmacies all serve Newport. Do this on day one – chronic-med gaps happen in the first week of a move.

03 WEEK 1

ESTABLISH CARE & COMMUNITY

- ☐ Establish your primary care doctor
Book a "well visit" in your first three months even if you feel fine. The first visit establishes you in the practice – without it, you're back in the new-patient queue at the worst possible time. Hoag Health Centers handle Hoag-network primary care.
- ☐ If you have kids – call pediatric practices
The most-asked-about pediatric practices have waitlists. Don't assume same-week intake. CHOC (choc.org) handles pediatric hospital-level care.
- ☐ Save Hoag emergency & urgent care in your phone
Hoag Memorial Hospital Presbyterian on West Coast Highway is the regional ER. Hoag Urgent Care has multiple locations. For most evening "is this an ER trip?" moments, the answer is urgent care.
- ☐ If you have pets – establish a regular vet
Popular practices book out for new patients. Set this up in your first month, not your sixth.
- ☐ Identify a 24-hour emergency vet plan
Daytime vets refer to specialty and emergency facilities for after-hours care. You don't want to learn that referral pattern at 11 p.m. with a sick dog in the car.
- ☐ Visit Newport Beach Animal Shelter on Riverside Drive
The city's dedicated animal shelter – bookmark it for licensing, lost-pet reporting, and adoption volunteering.
- ☐ Drive your daily routes at the real times
School drop-off at 7:50 a.m., commute at the actual hour, weekend errands on a Saturday morning. Map estimates lie.

04 DAILY GEOGRAPHY

BY END OF WEEK ONE

- ☐ Visit your closest grocery store, coffee shop, and hardware store
Daily life requires knowing the geography. Trader Joe's (17th Street or Crystal Cove), Whole Foods (Fashion Island), Bristol Farms (CdM Plaza), Pavilions (Newport Coast), Gelson's (17th Street CM). Hardware: Home Depot in Costa Mesa or Irvine.
- ☐ Identify your closest beach access & lifeguard tower
Big Corona, Little Corona, Newport Pier, Wedge, Crystal Cove. Each has its own parking reality. Locals know which lots fill first.
- ☐ Visit Roger's Gardens
Straddling the Newport–CdM border. The local plant nursery worth knowing – and a cultural anchor for the seasons here.
- ☐ Walk the Back Bay loop or Cliff Drive at sunset
If you build one outdoor habit in your first month, make it the Back Bay. It's the easiest way to remember why you moved here.
- ☐ Subscribe to one local newsletter or city social account
For closures, beach advisories, parade dates, fire-watch updates. The Daily Pilot and Stu News Newport both work; the City of Newport Beach social channels handle the rest.

AFTER YOU'RE SETTLED

NEED A LOCAL REFERRAL? ASK ME DIRECTLY.

The best vendors in Newport are referral-driven, word-of-mouth, and rarely advertise. Insurance brokers, gardeners, handymen, pool service, dog walkers, contractors, specialty trades — I keep a private list of who I trust. Email me and I'll share my current recommendation.

Jade Larney · relocating@jadelarney.com · (949) 995-JADE · jadelarney.com/moving-to-newport-beach

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